

Speakers Bureau List

Below is a list of individuals that would love for you to call on them if you are ever in need of a guest speaker for your civic club, garden club, church groups, etc. If you would like to have your name added to the Speakers Bureau list, please call, 706.647.9686.

Speaker: Michele Barber

Business they represent: The Wellness Center of URMC

Contact information: Email: mbarber@urmc.org – Phone: 706.647.4466

Best time to contact: Monday-Thursday 8:30 am to 6 pm or Fridays 9 am to 1 pm

Availability to speak: Days, some evenings and limited weekends

Topics of Discussion: Health, wellness, nutrition, staying active as you age, women's exercise, stretching, flexibility, etc.

Speaker: Rick & Mary Pat Jones

Business they represent: Stillmeadows Cabins

Contact information: Email: jones1885@gmail.com – Phone: 706.646.4908

Best time to contact: Anytime

Availability to speak: Anytime

Topics of Discussion: Service Dogs, green roofs, organic gardening

Speaker: Dr. Maggie Shook

Business they represent: Thomaston-Upson School System

Contact information: Email: mshook@upson.k12.ga.us – Phone: 706.647.9621

Best time to contact: Weekdays 8 am to 4:30 pm

Availability to speak: Weekdays 8 am to 4:30 pm – Available other times as schedule allows

Topics of Discussion: The T-U School System – Goals, achievements, budget, etc.

Speaker: Karen Truesdale

Business they represent: Thomaston-Upson School System

Contact information: Email: ktruesdale@upson.k12.ga.us – 706-646-9325

Best time to contact: Weekdays 8:30 am to 4:30 pm

Availability to speak: Weekdays 8:30 am to 4:30 pm

Topics of Discussion: The School System as numerous individuals who can speak on a variety of educational topics, and they will schedule student performances as well. Call to discuss options.

Speaker: Alison Uphold

Business they represent: Thomaston Hospice

Contact information: Email: alison@thomastonhospice.com

Phone: 706.647.2273

Best time to contact: Anytime

Availability to speak: Anytime

Topics of Discussion: Hospice Services
